

To Whom It May Concern,

This Hydrocephalus Awareness week (10th - 16th March 2025) the charity Shine are increasing awareness and raising vital funds to provide specialist advice and support for those living with hydrocephalus.

'Hydrocephalus' describes conditions in which there is a build up of excess cerebrospinal fluid (CSF) in the chambers of the brain, it compresses the surrounding tissue and raises the pressure inside the skull.

To help you learn more about hydrocephalus and increase awareness with your colleagues and students we have a wide range of resources available:

- A short animation explaining hydrocephalus – perfect for school assemblies!
- What is hydrocephalus guide - for helping staff and classmates understand more about the condition.
- Hydrocephalus and shunts - what you need to know, including shunt malfunction.

You can find all this and more by visiting the Hydrocephalus Hub on our website, which can be found here: [www.shinecharity.org.uk/hydrocephalus](http://www.shinecharity.org.uk/hydrocephalus)

If you have any questions or would like further support, please contact [firstcontact@shinecharity.org.uk](mailto:firstcontact@shinecharity.org.uk)

## Please support Shine this March

Shine is a charity and many of our services are entirely funded by the generosity of the general public.

This Hydrocephalus Awareness Week, we are asking you to support hold a Hats On for Hydrocephalus day on Friday 14th March 2025 (if this date doesn't work for you, please choose another one that does and let us know your plans.)

It's easy to take part:

1. On (or around) Friday 14th March, ask your students and staff to wear their favourite headwear.
2. Choose a suggested amount and ask each person for a donation. They can bring cash or you can set up a JustGiving page to collect your donations online.
3. After the big day, tell everyone how much you raised and how your support is making a difference to the lives of people living with hydrocephalus.

You can find out more about how to get involved, register your interest, set up your JustGiving page and access more resources including posters and activity sheets on our website: [www.shinecharity.org.uk/hatsonforhydrocephalus](http://www.shinecharity.org.uk/hatsonforhydrocephalus)

Our dedicated fundraising team are ready to support you to plan a fun and stress-free Hats On for Hydrocephalus Day.

For more information or if you have any other questions, please get in touch at [fundraising@shinecharity.org.uk](mailto:fundraising@shinecharity.org.uk).

Happy Hydrocephalus Awareness Week!

Kind regards,  
Kelly, Val, Kerry, Jo and Stephanie  
The Shine Fundraising Team

P.S. Can't support this time around? That's okay, check our website [www.shinecharity.org.uk/getinvolved](http://www.shinecharity.org.uk/getinvolved) for more ways to support including Go Yellow for Shine on Friday 20th June and Spina Bifida Awareness Week from 20th - 26th October.



ON FRIDAY 14TH MARCH, WE'RE GOING  
**HATS ON FOR  
HYDROCEPHALUS**

For details, visit [#HatsOnForHydrocephalus](http://shinecharity.org.uk)