

DO I LOOK LIKE I CARE?

Do you help look after someone who has an illness, disability, mental health problem or addiction?

Does it make it hard to do your school work, see your friends and do the things you enjoy?

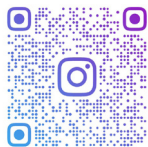
Need some time out and someone to talk to who understands what it's like?

We Can help



STIRLING YOUNG CARERS

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Stirling Young Carers Service supports young people aged 7-17 whose lives are affected by caring for someone who couldn't manage without them.

1:1 Support

Young Carers Groups

Information & Advice

Trips & Residentials

Get in touch!



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Clackmannanshire & Stirling
Health & Social Care
Partnership