It shouldn’t cost to care: our calls for the new Government

There are millions of carers across the UK and they are saving the state billions of pounds’ worth of care.

But carers have told us they feel forgotten, neglected and burnt out. This has to change.

Carers of all ages cannot be ignored by the new UK Government.

Carers Trust are calling on the new Government to:

Stop pushing carers to the limit

Commit to funding the local community support services needed to protect carers from excessive caring demands.

“We need validation, recognition and support for what we do. We save the NHS and Government money, and it's time we saw that put back into decent local carer services we can access quickly and easily.” - Carer

End carer poverty

No carer should live in poverty. The benefits system needs to be overhauled so carers receive better financial support. Carers need help to find and stay in work when they want to work. They also need access to state-funded small grants in difficult times.

“I’ve had to give up my full-time job, so my mum doesn’t go into a care home, which would cost the Government thousands.” - Carer

Commit to fair futures for young carers

Young carers’ education must be protected. Dedicated funding and wider resources are needed so young carers are supported to balance their caring role alongside their education.

"Places of education need to be more aware of what young carers have to go through. It can be difficult and draining. We aren’t lazy; we are tired and overworked.” - Young carer

“UNPAID CARERS ARE NOT UNSUNG HEROES. WE ARE FORGOTTEN, NEGLECTED AND BURNT OUT.”

ABOUT CARERS TRUST

Carers Trust works to transform the lives of unpaid carers. It partners with its UK-wide network of local carer organisations, which has a collective reach of over one million carers.

We provide funding and support, deliver innovative and evidence-based programmes, raise awareness, and influence policy.

Carers Trust's vision is that carers are heard and valued, with access to support, advice and resources to enable them to live fulfilled lives.

£13.7 million
in grants has been provided by Carers Trust to support unpaid carers across the UK over the course of this UK parliament since 2019

81%
of young carers and young adult carers have seen an improvement in their employability due to our network of local carer organisations' support

86%
of unpaid carers say our network of local carer organisations has improved their quality of life

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Etholiad Cyffredinol 2024 – Ddylai neb orfod talu’r pris am ofalu

Mae miliynau o ofalwyr ledled y DU ac maent yn arbed gwerth biliynau o bunnoedd o ofal i’r wladwriaeth. Mae ganddynt filiynau o bleidleisiau hefyd.

Ond, yn aml, mae gofalwyr wedi dweud wrthym eu bod yn teimlo eu bod yn cael eu hanghofio, eu hesgeuluso ac wedi blino’n lân. All hyn ddim mynd yn ei flaen.

Ni ellir anwybyddu gofalwyr o bob oed – naill ai yn ystod yr ymgyrch etholiadol neu gan Lywodraeth nesaf y DU.

Helpwch yr Ymddiriedolaeth Gofalwyr i weddnewid bywydau gofalwyr drwy alw ar Lywodraeth nesaf y DU i wneud y canlynol:

Rhoi'r gorau i wthio'r gofalwyr i'r eithaf

Ymrwymo i ariannu'r gwasanaethau cymorth sydd eu hangen mewn cymunedau lleol i amddiffyn gofalwyr rhag gofynion gofal gormodol

“Mae angen i ni gael cydnabyddiaeth a chefnogaeth am yr hyn rydyn ni’n ei wneud. Rydyn ni’n arbed arian i’r GIG ac i’r Llywodraeth, ac mae’n bryd i ni weld hynny’n cael ei fuddsoddi yn ôl i wasanaethau gofalwyr lleol teilwng y gallwn ni eu defnyddio’n gyflym ac yn hawdd.”

Rhoi terfyn ar dlodi ymhlith gofalwyr

Ni ddylai unrhyw ofalwr fyw mewn tlodi. Mae angen ailwampio'r system fudd-daliadau er mwyn i ofalwyr gael gwell cymorth ariannol. Mae angen help ar ofalwyr i ddod o hyd i waith ac aros mewn gwaith pan fyddant eisiau gweithio. Mae angen mynediad arnynt hefyd at grantiau bach a ariennir gan y wladwriaeth mewn cyfnodau anodd.

“Rydw i wedi gorfod rhoi’r gorau i fy swydd amser llawn, fel nad oes rhaid i mam fynd i gartref gofal, a fyddai’n costio miloedd i’r Llywodraeth.”

Ymrwymo i ddyfodol teg i ofalwyr ifanc

Rhaid diogelu addysg gofalwyr ifanc. Mae angen cyllid pwrpasol ac adnoddau ehangach i sicrhau bod gofalwyr ifanc yn cael eu cefnogi i gydbwyso eu rôl gofalu â’u haddysg.

“Mae angen i leoliadau addysg fod yn fwy ymwybodol o’r hyn y mae gofalwyr ifanc yn mynd drwyddo. Gall fod yn anodd ac yn flinedig. Dydyn ni ddim yn ddiog; rydyn ni wedi blino ac yn gweithio’n rhy galed.”

Mae rhagor o wybodaeth ar gael yn www.carers.org/election

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