

Tel: 01452 528491 | Email: info@grcc.org.uk Website: www.grcc.org.uk | Facebook: GlosRCC | Twitter: @GlosRCC

Job Description: Social Prescriber for the Community Wellbeing Service (Cotswolds)

Salary scale: Starting £19,000 - £20,500 per annum FTE (after completion of

successful probationary period)

Hours: Full-time position (temporary to end September 2022 with possibility of

extension) – 36 hours per week

Annual leave: 25 days per year + bank holidays (pro rata for part-time)

Time off in lieu: Equivalent time off is given in lieu of any directed evening or weekend

work.

Pension: The post is pensionable, to which GRCC contributes 7.125%

Location: Based in GP practices and other community venues in the Cotswolds.

The post holder will also be required to travel for home visits and to

meetings in community venues.

Responsible to: Community Wellbeing Service Project Manager

Other information: A Disclosure and Barring Service check will be required for this role

CLOSING DATE: Deadline for applications is 10am on Monday, 15th November 2021

Interviews on Monday, 22nd November 2021

Job Purpose

The main purpose of the role is to empower people who live in the Cotswolds area to take control of their health and wellbeing, by providing one-to-one health coaching and support.

You will also help to build community capacity, connecting clients to existing services and activities. Where there are gaps in these, you will work to create new activities and opportunities for the individuals you are supporting so that they can be engaged in community life, reducing their sense of social isolation and loneliness and helping them to gain other health benefits. This includes encouraging volunteering as a means of connecting with the community.

You will have excellent interpersonal and motivational skills and will work as part of a district-wide Community Wellbeing Service team, sharing experience and knowledge.



Main activities and responsibilities

- Provide personalised, holistic support to individuals referred into the service, building trust and providing non-judgemental support, respecting diversity and lifestyle choices.
- Help people to identify the wider issues that impact on their health and wellbeing.
- Enable development of personalised support plans to help individuals manage and improve their own health and wellbeing.
- Identify existing services and activities for clients and where there are gaps in these, work to create new activities and services. This includes encouraging volunteering as a means of connecting with the community.
- Work with your fellow social prescribers supporting them to develop services and activities.
- Effectively manage and prioritise a caseload, complete assessments and maintain accurate records about people referred into the service, support provided, their progress and feedback, with full regard to safeguarding and data protection requirements.
- Maintain excellent local knowledge in order to connect people to appropriate groups, activities and services.
- Maintain excellent relationships with a variety of partner organisations working in the Cotswolds area, including GPs and primary care staff, Patient Participation Groups, Adults Social Care teams, plus other statutory and voluntary sector partners delivering services.
- Encourage referrals from a wide range of partner agencies from public, private and the voluntary sector, from friends and family, and self-referrals.
- Work with voluntary sector partners to consider their capacity and to enable provision of informal and formal support mechanisms in the community.
- As part of the Community Wellbeing Service team, contribute to reports to commissioners about the service's activity and outcomes, and provide feedback about gaps in provision.

Other responsibilities

- Undertake regular supervision and performance reviews to support your role, including case support and continuing professional development.
- Adhere to GRCC policies and procedures including safeguarding, lone working, data management, and confidentiality.
- Represent GRCC in an appropriate way at meetings, events, or as otherwise required.
- Attend GRCC team meetings and other internal meetings.
- Take responsibility for your own time management and administration.
- Any other duties as required.





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Person Specification: Social Prescriber for the Community Wellbeing Service (Cotswolds)

Qualifications

Essential:

- 5 GCSEs at A to C / Grades 4-9 level, including Mathematics and English
- Relevant life experience

Desirable:

- Appropriate degree or NVQ qualification and / or evidence of continual professional development
- Paid or unpaid work in a community development or adult health and social care, learning support, or public health / health improvement context, working with individuals on a one-to-one basis
- Training in motivational interviewing or health coaching
- Supporting people, their families and / or carers, or those with mental health issues
- Partnership work and developing effective professional relationships
- Car driver with own car

Knowledge, experience and skills

Essential:

- Can do attitude not afraid to be proactive in creating new social activities for others to benefit from, willing to go the extra mile in helping individuals to be engaged in their communities
- Understanding of wider determinants of health, including social, economic, and environmental factors
- High level interview skills to enable motivational coaching
- Promotion and support of community development and participation at a local level, either as a volunteer or through paid employment
- Excellent organisational and time management skills
- Good administrative skills to enable effective collation, dissemination and updating of information
- Excellent communication skills in one-to-one and group situations
- Good level of IT skills, including word processing, social media, and email, plus internet searching capability



Personal qualities

Essential:

- Excellent interpersonal skills with the ability to listen, empathise, and provide personcentred support in a non-judgemental way
- Able to inspire trust and confidence, and motivate people to reach their potential
- Ability to identify and manage risk
- An effective communicator written and oral able to adapt approach when working with a range of individuals and groups
- A self-starter who is able to take the initiative and work independently or as part of a team, as required
- Ability to manage workload and work well under pressure
- Responsive to change and adaptable

Values

Essential:

- Commitment to an asset based approach recognising that everyone has something to offer
- Commitment to reducing health inequalities and to partnership approaches

Other

Essential:

- Willing to work flexible hours to attend occasional evening and weekend meetings as required
- Willing to undertake home visits, abiding by GRCC's lone working policy

